



BEING WELL COMMUNICATIONS

## SEMINARS

**Dr. Verna Hunt**, BSc, DC, ND, teaching hands-on therapy seminars.

### **SEMINAR 1: The Belly: *What is going on in there?***

People have various kinds of abdominal discomfort and they come to your office seeking relief. External manual palpation can reveal many things, including things not visible on x-ray or MRIs. There is often a lack of functional movement in the connective tissue and fascia and/or lack of movements of the various organs in the abdomen. External manual treatment can correct positioning and assist in function.

**DATE:**

**November 7, 2020 • 8:15 a.m. – 5:00 p.m.**

**LOCATION:**

**Viriditas Herbal Products, Ltd.**

**2775 Dundas St. West, Suite 101, Toronto, Ontario**

**FEES:**

**One person: \$224.87 (HST INCL.) • Two people: \$339.00 (HST INCL.)**

*Eligible participants are licensed practitioners for hands-on therapies:*

**ND • DC • RMT**

**TO REGISTER, FILL OUT THE FORM AND SEND TO:**

**verna@beingwellcommunications.com**

**Space is limited to 15 participants, so register ASAP.**

**For more information visit: [www.beingwellcommunications.com/events](http://www.beingwellcommunications.com/events)**



## SEMINAR 1

### **The Belly: *What is going on in there?***

People have various kinds of abdominal discomfort and they come to your office seeking relief. External manual palpation can reveal many things, including things not visible on X-ray or MRIs. There is often a lack of functional movement in the connective tissue and fascia and/or lack of movements of the various organs in the abdomen. External manual treatment can correct positioning and assist in function.

The key learning highlights of this manual therapy training seminar are:

- Palpation of organs of all ages, sizes and body types to determine placements of organs, intrinsic motion and the influence of scar tissue in the abdomen
- Determine if the gastrointestinal tract valves are opening and closing correctly
- Ability to externally manually treat:
  - ♦ Hiatus hernia
  - ♦ Liver and gall bladder placement and function of associated ducts
  - ♦ Pyloric valve spasm
  - ♦ Sigmoid flexure jamming of the bowel
  - ♦ Ileocecal valve function
  - ♦ Uterine and fallopian tube problems
  - ♦ Optimizing lymphatic drainage of the abdomen
  - ♦ Assisting in moving out pockets of gas
  - ♦ Assisting in untwisting digestive tract

Power point slide notes will be sent to each participant a few days before the seminar for you to print or bring on computer/tablet.

For information on future seminars visit:  
[www.beingwellcommunications.com/events](http://www.beingwellcommunications.com/events)



## SEMINAR 1 REGISTRATION

### The Belly: *What is going on in there?*

DATE: November 7, 2020, from 8:15 a.m. – 5:00 p.m.

LOCATION: Viriditas Herbal Products, Ltd., 2775 Dundas St. West, Suite 101, Toronto, Ontario

FEES: One registrant – \$224.87 (HST INCLUDED) • Two registrants – \$339.00 (HST INCLUDED)

Eligible participants are licensed practitioners for hands-on therapies: ND, DC, RMT

REGISTRANT NAME(S) [1: FOR REGISTRANT #1 & 2: FOR REGISTRANT #2, IF NECESSARY]:

1: \_\_\_\_\_ ND DC RMT OTHER: \_\_\_\_\_

2: \_\_\_\_\_ ND DC RMT OTHER: \_\_\_\_\_

BUSINESS ADDRESS(ES) – STREET, CITY, POSTAL CODE:

1: \_\_\_\_\_

2: \_\_\_\_\_

PHONE NUMBER(S): 1: \_\_\_\_\_ 2: \_\_\_\_\_

EMAIL(S): 1: \_\_\_\_\_ 2: \_\_\_\_\_

EMERGENCY NAME(S): 1: \_\_\_\_\_ 2: \_\_\_\_\_

EMERGENCY PHONE NUMBER(S): 1: \_\_\_\_\_ 2: \_\_\_\_\_

PAYMENT METHOD:

(MAIL TO: Dr. Verna Hunt, 396 Pacific Avenue,

CHEQUE (to Being Well Communications) \_\_\_\_\_ Suite 201, Toronto, Ontario, M6P 2R1)

E-TRANSFER \_\_\_\_\_ (PAYMENT EMAIL: verna@healthandwellbeing.info)

CREDIT CARD (number, exp. date) 1: \_\_\_\_\_ 2: \_\_\_\_\_

CAN YOU BRING A MASSAGE TABLE? YES \_\_\_\_\_ NO \_\_\_\_\_

- Space is limited to 15 participants; three people will be working at a massage table. You will be touched and be touching other participants.
- Bring your own lunch. Herbal teas and healthy water provided.
- Wear loose, non-textured clothing that participants can palpate through during workshop segments.
- This is a scent-free seminar. Do NOT wear any perfumes or odour product, i.e. fabric softener, essential oils, body care products that have a smell, etc.
- Bring a pillow and blanket.
- Street parking available.
- REFUND POLICY: The deadline to cancel your registration is October 17, 2020. 80% of registration cost will be returned with cancellation by this date. If two people have registered together and only one cancels then the one coming to the seminar will pay the additional \$50.00 plus HST for single registration.