



BEING WELL COMMUNICATIONS

## SEMINARS

**Dr. Verna Hunt**, BSc, DC, ND, teaching hands-on therapy seminars.

### **SEMINAR 1: The Belly: *What is going on in there?***

People have various kinds of abdominal and pelvic discomfort and they come to your office seeking relief. External manual palpation can reveal many things, including things not visible on x-ray or MRIs. There is often a lack of functional movement in the structural framework that holds the abdominal viscera and the connective tissue and fascia, and/or lack of movements of the various organs in the abdomen. External manual treatment can correct positioning and assist in return to improved function.

#### **DATES:**

**May 14, 2022 & October 1, 2022**  
**8:15 a.m. – 5:00 p.m.**

#### **LOCATION:**

**The Centre for Health & Well Being**  
**396 Pacific Avenue, Suite 201, Toronto, Ontario**

**FEES: \$226.00 (HST INCL.)**

*Eligible participants are licensed practitioners for hands-on therapies:*

**ND · DC · RMT · PT**

**TO REGISTER, FILL OUT THE FORM AND SEND TO:**

**verna@beingwellcommunications.com**

Space is limited to 6 participants, so register ASAP and check your preferred date.  
For more information visit: [www.beingwellcommunications.com/events](http://www.beingwellcommunications.com/events)



## SEMINAR 1

### *The Belly: What is going on in there?*

People have various kinds of abdominal and pelvic discomfort and they come to your office seeking relief. External manual palpation can reveal many things, including things not visible on X-ray or MRIs. There is often a lack of functional movement in the structural framework that holds the abdominal viscera and the connective tissue and fascia, and/or lack of movements of the various organs in the abdomen. External manual treatment can correct positioning and assist in return to improved function.

The key learning highlights of this manual therapy training seminar are:

- Palpation of organs of all ages, sizes and body types to determine placements of organs, intrinsic motion and the influence of scar tissue in the abdomen
- Determine if the gastrointestinal tract valves are opening and closing correctly
- Ability to externally manually treat:
  - ♦ Hiatus hernia
  - ♦ Liver and gall bladder placement and function of associated ducts
  - ♦ Pyloric valve spasm
  - ♦ Sigmoid flexure jamming of the bowel
  - ♦ Ileocecal valve function
  - ♦ Uterine and fallopian tube problems
  - ♦ Optimizing lymphatic drainage of the abdomen
  - ♦ Assisting in moving out pockets of gas
  - ♦ Assisting in untwisting digestive tract

Power point slide notes will be sent to each participant a few days before the seminar for you to print or bring on computer/tablet.

For information on future seminars visit:

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## SEMINAR 1 REGISTRATION *The Belly: What is going on in there?*

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**LOCATION:** The Centre for Health & Well Being, 396 Pacific Avenue, Suite 201, Toronto, Ontario  
**FEES:** \$226.00 (HST INCLUDED)

Eligible participants are licensed practitioners for hands-on therapies: ND, DC, RMT, PT

REGISTRANT NAME:

\_\_\_\_\_ ND DC RMT PT OTHER: \_\_\_\_\_

BUSINESS ADDRESS – STREET, CITY, POSTAL CODE:

\_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

EMAIL: \_\_\_\_\_

EMERGENCY NAME: \_\_\_\_\_

EMERGENCY PHONE NUMBER(S): \_\_\_\_\_

PREFERRED DATE (CHOOSE ONE):

\_\_\_\_\_ MAY 14, 2022 OR \_\_\_\_\_ OCTOBER 1, 2022

PAYMENT METHOD:

(MAIL TO: Dr. Verna Hunt, 396 Pacific Avenue,

CHEQUE (to Being Well Communications) \_\_\_\_\_ Suite 201, Toronto, Ontario, M6P 2R1)

E-TRANSFER \_\_\_\_\_ (PAYMENT EMAIL: verna@healthandwellbeing.info)

CREDIT CARD (number, exp. date) \_\_\_\_\_

- Space is limited to 6 participants for each date; three people will be working at a massage table. You will be touched and be touching other participants.
- Bring your own lunch. Herbal teas and healthy water provided.
- Wear loose, non-textured clothing that participants can palpate through during workshop segments. Wear nothing made of blue jean material.
- This is a scent-free seminar. Do NOT wear any perfumes or odour product, i.e. fabric softener, essential oils, body care products that have a smell, etc.
- Bring a pillow and blanket.
- Street parking available. A Green P parking lot can be found off Pacific Avenue, south of Dundas Street West.
- **REFUND POLICY:** The deadline to cancel your registration is 2 weeks before the seminar you're signing up for. 80% of registration cost will be returned with cancellation by this date.