



BEING WELL COMMUNICATIONS

SEMINARS

Dr. Verna Hunt, BSc, DC, ND, teaching hands-on therapy seminars.

SEMINAR 3 **Beyond Palpation:**

When you touch, what does the information you see and feel indicate, and how does this affect your therapeutic choices?

The skin is the largest organ of the body and rests upon subdermal and connective tissues. Practitioners with developed palpation and clinical observation skills can discern information about overall health and specific areas of concerns, from actual skin conditions to nutrient insufficiencies, and more. Through skilled palpation, the practitioner can deliver types of treatment to the patient for their individual needs.

DATE:

January 28, 2023 • 8:15 a.m. – 5:00 p.m.

LOCATION:

**The Centre for Health & Well Being
396 Pacific Avenue, Suite 201, Toronto, Ontario**

FEES: \$240.00 (HST INCL.)

Eligible participants are licensed practitioners for hands-on therapies:

ND • DC • RMT

TO REGISTER, FILL OUT THE FORM AND SEND TO:

verna@beingwellcommunications.com

Space is limited to 6 participants, so register ASAP and check your preferred date.
For more information visit: www.beingwellcommunications.com/events



SEMINAR 3

Beyond Palpation:

When you touch, what does the information you see and feel indicate, and how does this affect your therapeutic choices?

The skin is the largest organ of the body and rests upon subdermal and connective tissues. Practitioners with developed palpation and clinical observation skills can discern information about overall health and specific areas of concerns, from actual skin conditions to nutrient insufficiencies, and more. Through skilled palpation, the practitioner can deliver types of treatment to the patient for their individual needs.

The key learning highlights of this manual therapy seminar are:

- Palpation of the skin of all ages, gender, body types to determine health of the skin, temperature types, neurological responsiveness, signs of malabsorption and insufficiencies
- Assessing skin conditions for causative factors and determining manual treatment and external application therapies
- Various touch techniques to deliver specific therapeutic needs and results
- Review of skin and subdermal anatomy
- Ability to manually treat:
 - ♦ Scar tissue
 - ♦ Adhesions
 - ♦ Temperature re-regulation via touch affecting lymphatic drainage, neurological rebalancing and cranial-sacral breathing
 - ♦ Application of external therapies
 - ♦ Improving resolution of injuries: black eyes, bruises, swelling in external tissue due to surgery, sprains, falls (especially falling onto the hands, face and skull) etc.

Power point slide notes will be sent to each participant a few days before the seminar for you to print or bring on computer/tablet.

For information on future seminars visit:
www.beingwellcommunications.com/events



SEMINAR 3 REGISTRATION

Beyond Palpation: *When you touch, what does the information you see and feel indicate, and how does this affect your therapeutic choices?*

DATES: Saturday, January 28, 2023, from 8:15 a.m. – 5:00 p.m.

LOCATION: The Centre for Health & Well Being, 396 Pacific Avenue, Suite 201, Toronto, Ontario

FEES: \$240.00 (HST INCLUDED)

Eligible participants are licensed practitioners for hands-on therapies: ND, DC, RMT

REGISTRANT NAME:

_____ ND DC RMT OTHER: _____

BUSINESS ADDRESS – STREET, CITY, POSTAL CODE:

PHONE NUMBER: _____

EMAIL: _____

EMERGENCY NAME: _____

EMERGENCY PHONE NUMBER(S): _____

DATE: JANUARY 28, 2023

PAYMENT METHOD:

(MAIL TO: Dr. Verna Hunt, 396 Pacific Avenue,

CHEQUE (to Being Well Communications) _____ Suite 201, Toronto, Ontario, M6P 2R1)

E-TRANSFER _____ (PAYMENT EMAIL: verna@healthandwellbeing.info)

CREDIT CARD (number, exp. date) _____

- Space is limited to 6 participants for each date; three people will be working at a massage table. You will be touched and be touching other participants.
- Bring your own lunch. Herbal teas and healthy water provided.
- Wear loose, non-textured clothing that participants can palpate through during workshop segments. Wear nothing made of blue jean material.
- This is a scent-free seminar. Do NOT wear any perfumes or odour product, i.e. fabric softener, essential oils, body care products that have a smell, etc.
- Street parking available. A Green P parking lot can be found off Pacific Avenue, south of Dundas Street West.
- **REFUND POLICY:** The deadline to cancel your registration is 2 weeks before the seminar you're signing up for. 80% of registration cost will be returned with cancellation by this date.